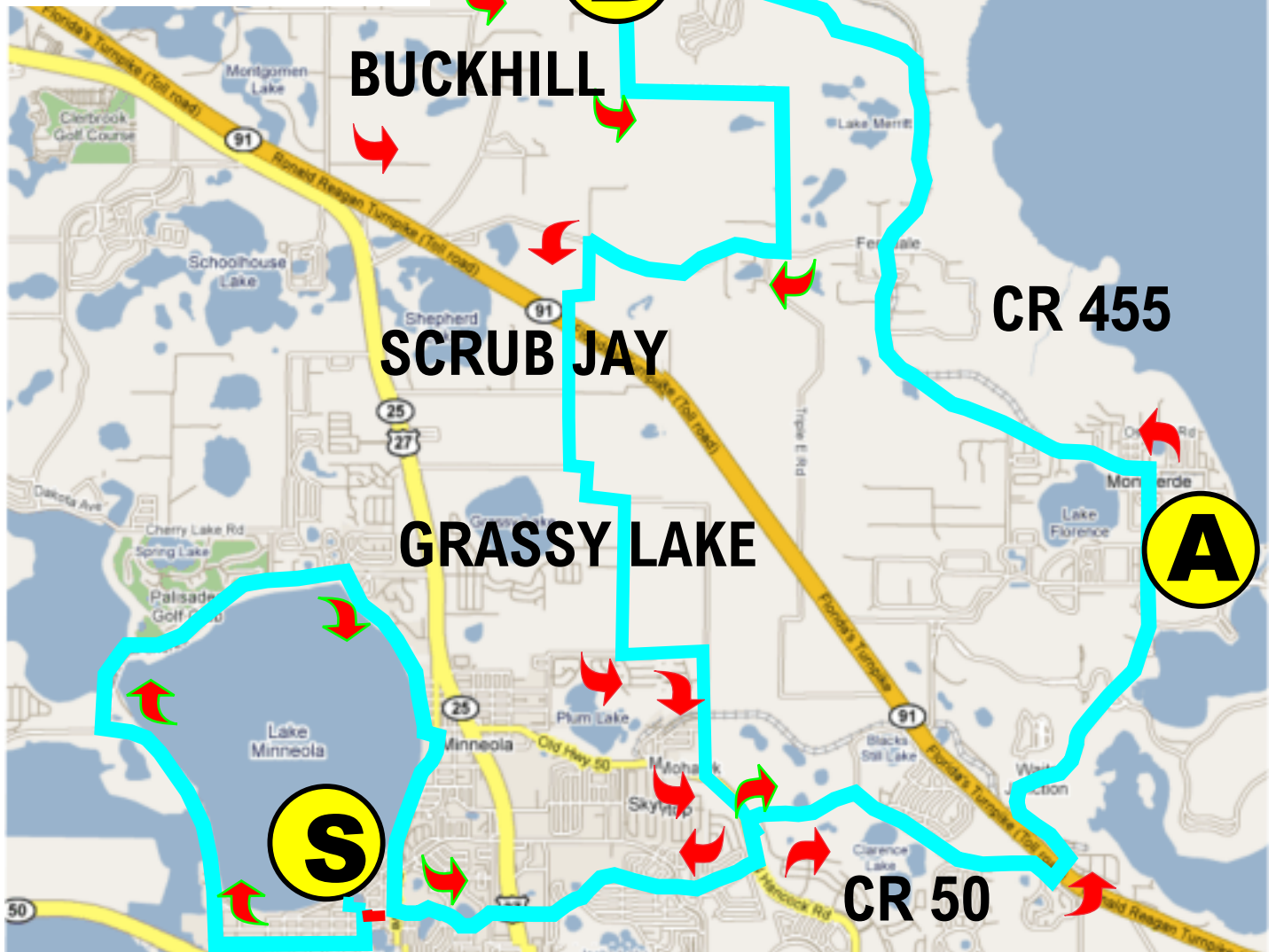




**GFT SHORT COURSE
60K BIKE ROUTE**



EXIT Transition Area		LEFT on CR 455	13.2
LEFT on Fourth St.	0.0	LEFT on CR 455 in Montverde	16.4
LEFT on Carrol St.	0.1	LEFT on CR 561	23.6
RIGHT on Third Street	0.2	LEFT on Sugar Loaf Mtn. Rd	26.0
RIGHT on Desoto St.	0.5	RIGHT on CR 561 A	28.8
RIGHT on 12 th St.	1.4	RIGHT on Scrub Jay Lane	30.0
RIGHT on Lake Minneola Shores	3.2	LEFT on Citrus Grove Road	31.6
RIGHT on Lakeshore Drive	5.3	RIGHT on Grassy Lake Road	32.2
RIGHT on Main Ave.	6.5	LEFT on Fosgate Road	33.2
LEFT on East Ave.	7.3	RIGHT on Hancock/Turkey Farm Road	33.7
LEFT on Pitt Street	7.8	LEFT on CR 50	34.5
STRAIGHT across Grand HWY	8.8	RIGHT on Northridge	34.8
STRAIGHT across Citrus Tower Blvd.	9.8	STRAIGHT across Citrus Tower Blvd.	35.3
LEFT on Hancock Road	10.3	STRAIGHT across Grand to Pitt St.	36.3
RIGHT on CR 50	10.6	RIGHT on East Ave.	37.3
LEFT on CR 455 over Turnpike	13.1	LEFT on Palm	37.8
		FINISH!!!	38.0