

COURSE

GREAT FLORIDIAN ULTRA SWIMMERS WILL COMPLETE TWO LAPS OF THIS 1.2 MILE COURSE. AT THE END OF LAP ONE YOU WILL EXIT THE WATER, CROSS THE TIMING MAPS, AND THEN START LAP 2.

KEEP ALL BUOYS ON YOUR LEFT!

1.2 MILE SWIM COURSE



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WAVE STARTS

- 1) **7:30am** - GFT ULTRA - All Individual Men & Women
- 2) **7:45am** - GFT ULTRA Relay Teams, ULTRA Aqua Bike, and 1.2 & 2.4 Open Water Swimmers
- 3) **9:05am** - 1/3 GFT COURSE - All Individual Men, Clydesdales, Male Military
- 4) **9:10am** - 1/3 GFT COURSE - All Individual Women, Athenas, Female Military, All 1/3 GFT Aqua Bike Participants, 1/3 GFT Teams

Failure to start in the proper wave may result in disqualification!

**P
I
E
R**

FINISH

START

Start
Lap 2